

MONA ELECTRICAL SERVICE, INC.

June 7, 1991

Substance Abuse Update

The longer you use a drug, the greater the risk of accidental overdose and death because your body has become used to the drug.

Employee Spotlight

Rose Kelly of Parkside Terrace Apartments is very pleased with the performance of James Scott. James has been doing electrical work for Rose for six years. "His performance has been exemplary and James takes the time to explain the type of work involved."

Correction on Employee Spotlight

Jeff Russell was left out of the last newsletter. Jeff was the Foreman on the Cassidy & Associates project with GC Rand Construction. Jeff and his crew performed the hands on work of this high quality project! We apologize for the oversight Jeff. Great Job!

To All Mona Electricians

Under no circumstances should you work overtime or start early on a job without first getting authorization from your Superintendent and the service dispatcher in the office. No payment will be made unless prior approval is obtained.

Safety Alerts

Here are some Safety Alerts that were mentioned in Good Housekeeping. These are not product recalls:

Electrical Switch and Outlet Covers - Plastic "On Wall" electrical switchplate and outlet covers, sold by Wiremold Company since March 1986. Affected models include two-outlet receptacles (catalog #843G or # NM12); single light-switch plates (#840 or #NM13); and an outlet installation kit (#NM 100). The catalog number and the work "Wiremold" appear on the plastic back plate of the receptacles, or inside the cover of the switches.

Problem: The plastic covers may crack exposing wiring, which could cause severe electrical shock if touched.

What to do: Check the covers for cracks. If the covers are cracked, call Wiremold (collect) at 203-523-3689 between 9 a.m. and 5 p.m. (Eastern Standard Time) for instructions on returning the cracked covers and receiving free, modified covers. (Only an electrician should remove and replace the covers.)

If you recently purchased this produce and have not opened the packaging, you can receive a refund plus postage

by mailing the unopened product with the sales receipt to Wiremold Co., PO Box 10639, West Hartford, CT 06110-0639, Attn Al Blake.

Fascinating Fact

Like the oil that comes from it, coconut is one of the richest sources of saturated fat. Three-quarters of the 100 calories in an ounce of raw coconut come from saturated fat. But like all plant foods, coconut is cholesterol-free.

Sub-Contractor's Safety Responsibilities

To keep workers safe and to avoid OSHA citations, there are certain steps contractors must take. When a contractor can't eliminate a hazard, it must:

- * Talk to the employer with control over the hazard and ask it to abate the problem. Use persuasion and persistence; don't just mention the problem once in passing.
- * Inform workers about the hazardous condition and tell them how to avoid the dangers. Furthermore, when possible, the contractor must take alternate means of protecting employees from the hazard. For example, a contractor could reroute works so that they aren't exposed to the hazardous area.

Employee of the Month

Our June 1991 Employee's of the Month are:

Jerry Upright and Rick Lee

- Jerry, Warehouse Courier, supports the day to day activities of the warehouse. He has approximately 8 runs a day and is very conscientious of pulling excess material from jobs and using them for others to save the company money. Jerry is a very good worker who puts in those extra hours!
- Rick Lee is presently working on the NUS project (1777 F Street, N.W.) with NICO Construction. Rick handles problems professionally and in a timely manner. Not only a very good mechanic but a joy to work with. Keep up the good work.

Energy Tid-Bits

- There are 140 million cars in the United States. Each is driven an average 10,000 miles a year. Each car gives off 20 pounds of carbon dioxide for each gallon of gas consumed.
- Each air conditioner installation releases 2.5 pounds of CFC's and each recharge releases another pound.
- Brushing teeth with the water running uses 9 gallons of water Shaving with the water running uses 10-20 gallons.

Safety Note

Theft - Expect when you least expect it!
EOE