



MONA ELECTRICAL



SERVICE, INC.

January 25, 1991

Substance Abuse Update

- Combining alcohol and drugs or taking more than more than one kind of drug increases the risk of death or serious injury.
- Sharing needles is a leading cause of AIDS infection.
- There are 50 percent more cancer causing agents in marijuana smoke than in cigarette smoke.

Mona Employees Pohanka's Preferred Customers

Pohanka offers personalized automotive services to Mona employees. Mona employees and their families can now benefit from up-front discounts on all new product lines carried by Pohanka

**ACURA - CADILLAC - CHEVROLET - GEO -
GMC TRUCKS - HONDA - HYUNDAI - ISUZU
- NISSAN - OLDSMOBILE - SATURN -
SUZUKI**

Plus, discounts on over-the-counter accessories for any vehicle purchased from Pohanka. Mary Ralston is MONA's personal Pohanka representative for all Pohanka product lines. She will personally assist you in assessing your automotive needs, plus offering up-front discounts. Call Mary at (301)423-1100 regarding any of the above product lines.

Selling Does Pay Off...

Mona is now starting a new program for top sales/marketing of the month. Our winner for January 1991 is MIKE STONE - Technical Mechanic. Mike has been an asset to the sales/marketing division for not only the Technical Department but for Service & Jobbing Departments as well. Mike, your \$50 bonus is on the way!!!

Hospice of Prince George's County, Inc.

The Hospice of Prince George's County seeks volunteers to serve the terminally ill and their families. Volunteer opportunities include direct care, office support, fundraising, and community education. Interviews for March training will be held in February. Call (301) 499-0550 for more information.



To All Field Mechanics

When performing work for our customers, make sure you get the customers name and phone number and write it on the daily work ticket in the proper area.

Goal Setting Seminar A Success

Thanks go out to Mark Nixon for presenting an eye-opening seminar on Goal Setting on Tuesday, January 22nd to office personnel. If you would like a copy of the seminar, call Barbara Huber @ 868-8404. Now is the time to set your goals for the 1991 year. Great job Mark!

With Sincere Sympathy

Our sympathy is extended to Darin & Penny Pasquale on the loss of Penny's father, Calvin Cook who passed away on January 22, 1991. Our thoughts and prayers are with you and your family.

Recycle

Many used materials can be recycled. For example: Glass, paper, metals, motor oils, rubber, plastics, yard waste and furniture and appliances. Recycling programs vary. Check with local officials to see which materials are recycled in your community.

Welcome Aboard

It is our pleasure to introduce a new employee - Mr. Wade Shelton. Wade, Project Manger, brings to Mona a vast array of electrical management experience. Coming from Owings, Maryland, Wade enjoys a past time of swimming. Welcome aboard the Mona Team Wade.

Fascinating Fact

Fish grown commercially contain only one-third to one-half as much omega-3 fatty acids (which may protect against heart disease) as other fish, according to a recent Dutch study. The commercial feed given to pond-reared fish apparently contains a lower proportion of omega-3's than the natural food eaten by fish in the wild.

Support Our Troops

Pray and support our troops in the Middle East. Enclosed you will find a couple American Flag Stickers for you to display in support of our troops.

Safety Note

Make sure to have proper tools. Take care of tools and equipment, and lock them up daily.



**Happy Birthday to Martin Luther
King - Monday, January 21st!**