

MONA ELECTRICAL SERVICE, INC.

August 23, 1991

SUBSTANCE ABUSE UPDATE

Even if you use coke only once, it can be fatal. Doctors consider cocaine to be three times more lethal than heroine.

FOR YOUR INFORMATION

Fairfax County requires C-J or 6 caddy straps for cabling in walls (no tie wire allowed). Tappet screw all (4) corners of fixtures in lieu of tie wire is allowed in Fairfax County.

ATTENTION ALL SERVICE MECHANICS!

Reminder . . . We must all have the proper tools, vacuum, tarps, etc. on your trucks to make sure and keep your work area clean. Also, we must be polite and courteous to our customers. Our goal is to hand out 10-20 Mona business cards per week. If you need business cards, contact your Department Secretary.

CONGRATULATIONS

Way to go to Barbara Gordon of our Accounting Department who has kicked the habit of smoking!

Good luck to Wendy Wilburn of our Accounting Department on her attempt to quit smoking also!

TRUCK NUMBERS

All service trucks must have 4" high truck numbers displayed on both side doors and rear of truck. Any driver who does not have a truck number on their truck, please contact Janet Miller.

FASCINATING FACT

High blood pressure, smoking and elevated cholesterol increase the risk of heart attack more in middle aged women than in men. While the average 55 year old woman who has none of these risk factors is slightly less likely to have a heart attack than a man of that description, her risk rises disproportionately as each risk factor is added.

ATTENTION ALL MONA ELECTRICAL SERVICE AMOCO CREDIT CARD HOLDERS

Please stop by the main office within the next (2) weeks at your convenience to sign a signature card for your Amoco gas account. This signature card will also be used for your proof of delivery slips. If it is not convenient for you to come by the office, please contact Janet Miller and she will make arrangements with you.

MONA SPONSORS ANTI-DRUG RACE

The county Chamber of Commerce will hold a 10-kilometer race in October to raise money for its anti-drug programs. The race will be held on October 12th called "Run, Walk, Sit, Stand, Wave, Cheer-a-thon: We'll do anything to fight drugs in Prince George's County". All races begin and end at the Capital Centre in Largo, MD. The event will include a 10 kilometer race, a two-kilometer "fun run" and a one mile walk. Mona is a sponsor of this race. If anyone wants to participate, please call Barbara Huber. We are trying to get a team together.

BABY BOY

Congratulations to electrician Matt Lambert and wife on the birth of their son Ryan Matthew. Ryan was born on 8/20/91 weighing 8 1/2 pounds. Congratulations to the new family.

WEDDING BELLS RING

Steve Howard said "I do" to his fiance Susan on Saturday, August 10th. Steve is a Mechanic who performs work in DC. We wish you both happiness on your new life together as man and wife!

LABOR DAY HOLIDAY REMINDER

The office and field will be closed on Monday, September 2, 1991 observing the Labor Day Holiday!

SAFETY NOTE

Protect yourself from possible dangers. Wear a hard hat when in the hard hat area. Wear goggles, eye protection, respirator and other safety gear as the situation warrants it.

EOE