

MONA ELECTRICAL SERVICE, INC.

February 28, 1990

SUBSTANCE ABUSE UPDATE

Report it - Do not support it! Turn-In-A-Pusher (TIP).
You will remain anonymous. Call 735-1111.

DON'T QUIT

When things go wrong as they sometimes will,

When the road you're trudging seems all uphill.

When the funds are low and the debts are high,

And you want to smile, but you have to sigh.

When care is pressing you down a bit-

Rest if you must, but don't quit

MONA SPOTLIGHT

After a full days work, we all look forward to heading for the old homestead, but when an emergency arises, who do ya call? Mona Electric! We would like to acknowledge and thank the following men for pulling a complete second shift to restore power at the Grand Bel II apartments. **Tom Taylor, Kirk Hollabaugh, Rick Lee, David Berry, Mike Rowland, Kevin Hunt, Clarence Lambert and Rick Degutis.**

We appreciate your being available when we need you.

BABY ABOARD

Congratulations to the proud father **Bernie Gwynn** on the birth of a new baby boy. Matthew Wilhelm Gwynn was born on February 23, 1990 at 9:00 a.m. weighing in at 9 lbs and 2 oz. Mother and baby are doing fine. Congratulations to the proud parents!

WHY WEAR SAFETY SHOES?

Your feet come into contact with a lot of hazards. On a typical day, they may have to dodge heavy falling objects, withstand the puncture of sharp tools, and navigate slippery floor surfaces. Before you step into the workplace, look down at your feet. Are you wearing safety footwear that will adequately protect your feet from injury? Think safety!

CHRISTMAS IN APRIL

There are exactly 2 months to go before the best Christmas ever! On April 28th you can give the most precious present ever, (without costing you a cent) - give your time for one day. We are in need of electricians. This year we have expanded the program into Charles County. Won't you help the elderly and handicapped repair their home? If you would like to volunteer your time in P. G. County, call Gail @ 868-6662 or for Charles County call Barbara @ 868-8400. Thanks!

FASCINATING FACT

Physical activity levels in men aged 30 to 79 have significantly risen since 1970, according to statistics from the Baltimore Longitudinal Study on Aging. Activities contributing most prominently to the increase were cycling, running and - believe it or not - housework. (Women, encourage your man to be physically fit).

SAVE YOUR GIANT AND SAFEMART RECEIPTS!!

The Mona Group has adopted Surrattsville High School where we support the school in education, career awareness, and special events to benefit the school. Surrattsville is collecting Giant and Safeway receipts in order to win a free computer - If you shop at either Giant or Safeway, please forward your receipts to Barbara Wellman. Let's support our sister organization and help them win a much needed computer for the future Mona employees.

SAFETY NOTE

Make sure to have proper tools, take care of tools and equipment and lock them up daily.

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"Okay! I believe you. They're safety shoes."

